



news and information
for employees of the
City of Saint Paul

December 27, 2002

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Community Sharing Fund
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Mayor

Randy Kelly

Councilmembers

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City Update

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City Update

www.ci.stpaul.mn.us/cityupdate

"The Feel Good Click of the Year" —

Visit the Community Sharing Fund web site to help others — at no cost to you

You can help someone in need for FREE during this holiday season with just a click of a mouse.

Mayor Kelly and Saint Paul Foundation President Paul Verrett recently announced a city partnership with the Foundation's Community Sharing Fund program, with a new on-line giving option. You can show your support and offer a FREE donation by visiting the new internet web site at www.communitysharingfund.org, and clicking on the donation offer on the left side of the web page.

Saint Paul corporations and businesses have donated thousands of dollars as sponsors - your

click gives \$1 to the fund. The goal for this month is \$30,000. Help Saint Paul residents by participating in the Feel Good Click of the Year. And tell a friend!

The Community Sharing Fund is especially critical to some of our most vulnerable community members during these winter months. Employee layoff, unaffordable housing, and high fuel bills are significant factors in Saint Paul - the Community Sharing Fund helps meet critical emergency needs for individuals and families.

Thanks in advance for your care and generosity.



www.communitysharingfund.org

www.ci.stpaul.mn.us

Places to go. Things to do.

ilovesaintpaul.com



She doesn't LOOK like Santa Claus...

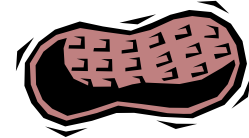
... but you never know! We've heard about toy drives, food drives, and other generous campaigns in a few City Departments. One of the coolest is the toy drive in PED. Angela Simons, a clerk for the East Team, led a toy drive that benefits children in the area of the Merrick Community Center at Edgerton and Minnehaha. She's coordinated the drive for about three years. This Holiday season, about 20 PED employees contributed toys or money to buy toys. Angela and her children spent the weekend of the 14th shopping for toys.

Every December the Courthouse and City Hall is filled with the sounds of the Holiday season. On Thursday, December 12th, City and County workers were treated to a concert by choristers from the Minnesota Business Academy.



Nuts - A Healthy Snack

Around the holidays, nuts are a common gift. Nuts have been unfairly maligned as an unhealthy snack, say nutritionists. But in recent studies, scientists found that women who eat at least five ounces of nuts per week had a 35 percent lower risk of coronary heart disease, and similar findings have been seen in men.



Nuts are a significant source of protein and can be used as a meat alternative. They're also rich in important minerals such as copper, magnesium, zinc, iron, and calcium. Almonds, for example, provide 8 percent of the daily value of calcium per ounce. Brazil nuts are rich in selenium, a cell protector that boosts the immune system; and almonds, peanuts, and hazelnuts are excellent sources of vitamin E, an important antioxidant in the fight against heart disease and certain kinds of cancer. Nuts are also a good source of fiber.

Eaten in moderation, nuts can be a healthy addition to your diet. What's moderate? About an ounce a day, which translates to about eight Brazil nuts, 12 macadamia nuts, 20 mixed nuts, or 25 roasted almonds, all shelled.

City job openings as of December 27th, 2002

Application deadline	Job title	Bi-weekly or hourly salary rate	Exam date
01/06/03	Citizen Service Analyst	\$1,239.35 bi-weekly	See Job Ann
Open	Civil Engineer III	\$1,971.86 bi-weekly	See Job Ann
01/02/03	Clerk III (prom)	\$1,091.95 bi-weekly	01/08/03
Open	ECC Telecommunicator	\$1,417.26 bi-weekly	See Job Ann
01/10/03	Impound Lot Supervisor	\$1,578.04 bi-weekly	See Job Ann
01/09/03	IS Systems Consultant III	\$2,090.99 bi-weekly	01/09/03
12/30/02	IS Systems Support Specialist III (prom)	\$1,479.15 bi-weekly	See Job Ann
Open	Life Guard	\$8.20 per hr	See Job Ann
01/09/03	Office Manager (prom)	\$1,578.04 bi-weekly	See Job Ann
01/03/03	Parks & Recreation Assistant (seasonal/temp)	\$5.50 per hr	See Job Ann
12/27/02	Ski Instructor I (seasonal/temp)	\$7.50 per hr	See Job Ann
Open	Senior Pool Attendant	\$9.79 per hr	See Job Ann
Open	Swimming Pool Supervisor	\$11.37 per hr	See Job Ann
Open	Water Safety Instructor	\$8.72 per hr	See Job Ann

Note: Call or visit the Office of Human Resources to receive the official job announcement for these positions. Location: 400 City Hall Annex. Phone: 651-266-6500 or visit the web site: www.ci.stpaul.mn.us/jobopenings. For jobs announced after December 19th, please call our 24-hour job line, 651-266-6502.